

IRS Updates HSA and HDHP Limits for 2026

By *BRSi Compliance*

The IRS recently updated the following benefit plan limits for **2026** to adjust for inflation:

[Health Savings Accounts](#)

2026 HSA Qualified High Deductible Health Plan (HDHP) Limits and Contributions

	2025	2026
Minimum Yearly Deductible	Self-Only Coverage: \$1,650 Family Coverage: \$3,300	Self-Only Coverage: \$1,700 Family Coverage: \$3,400
Yearly Out-of-Pocket Maximum (not including out-of-network services)	Self-Only Coverage: \$8,300 Family Coverage: \$16,600	Self-Only Coverage: \$8,500 Family Coverage: \$17,000
Contribution Limits (employer + employee)	Self-Only Coverage: \$4,300 Family Coverage: \$8,550	Self-Only Coverage: \$4,400 Family Coverage: \$8,750
Catch-up Contribution Limits (age 55 or older)	\$1,000	\$1,000

If you have any additional questions or concerns, please contact us at info@benefitreview.com

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Benefit Review Services, Inc.

43370 Mound Road
Sterling Heights, MI 48314
586.997.1700
www.brsibenefits.com

816 9th Street SW
Vero Beach, FL 32962
772.257.5439



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